

GROW A TASH TO RAISE SOME CASH!

Get into the Movember momentum with The Personnel Group's 2009 Movember Challenge. This global annual charity initiative raises awareness and much needed funds for key men's health issues, including depression and prostate cancer.

Held in the month formally known as November, Movember is about changing the face of men's health. Starting Movember with a clean shaven face, the Mo Bro's, spend the month growing and grooming their mo as well as raising funds and awareness about men's health - specifically male depression and prostate cancer.

Through it's many services, The Personnel Group supports people with mental health issues to remain in the workplace. The Personnel Group Challenge is a call to arms for local businesses to register and pit themselves against other local businesses to raise awareness and money for men's health.

How to participate...

Step 1 Rally your troops to get a team

Movember is a great way to create challenges between workmates, departments, clients and competitors. The battle of the tash can occur on the sporting field, in the office or warehouse, between businesses or trades or just between mates.

Step 2 Nominate a team captain

Either a Mo Bro or Mo Sista, the captain registers your team and it's members by filling in your details on this form and returning it to your nearest Personnel Group office:

Albury: Fax: 02 6041 2217 1/508 Swift Street, Albury NSW 2640

Wodonga: Fax: 02 6024 1445 155 High Street, Wodonga VIC 3690

Griffith: Fax: 02 6964 6003 55 Yambil Street, Griffith NSW 2680

Leeton: Fax: 02 6953 3655 10 Pine Avenue, Leeton NSW 2705

Step 3 Join The Personnel Group Movember Challenge!

The Personnel Group will register your team on the official Movember website and provide you with everything you need to know to grow and manage your team and raise some cash.

Name of team _____

Team captain _____

Telephone _____ Mobile _____

Email _____

Any questions? Simply call 1300 874 000 or visit
www.personnelgroup.com.au

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